

# MEMBERSHIP FORM

New Membership  Renewal/Update

Membership Start Date: \_\_\_ / \_\_\_ / \_\_\_ Member No: \_\_\_\_\_



## 1. PERSONAL INFORMATION

First Name: \_\_\_\_\_ Surname Name: \_\_\_\_\_

Gender (please circle) M F D.O.B.: \_\_\_/\_\_\_/\_\_\_

Postal Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Telephone: (H): \_\_\_\_\_ (W): \_\_\_\_\_ (Mobile): \_\_\_\_\_

Email: \_\_\_\_\_

Do you consent to receive information from North Melbourne Boxing & Fitness via email? Y / N

Emergency Contact Name: \_\_\_\_\_ Emergency Contact Phone: \_\_\_\_\_

## 2. MEMBERSHIP TYPE

Individual Membership:  Weekly Direct Debit \$25 (Minimum 3 Months)

Full Membership -  1 Month \$140  3 Month \$320  6 Month \$520  12 Month \$820

Student Membership -  1 Month \$120  3 Month \$280  6 Month \$480  12 Month \$680

## 3. PROOF OF IDENTIFICATION

### 🗳️ DRIVERS LICENCE

Name on Drivers Licence: \_\_\_\_\_

Drivers Licence No: \_\_\_\_\_ Expiry Date: \_\_\_/\_\_\_/\_\_\_

### 🗳️ MEDICARE CARD

Name on Medicare Card: \_\_\_\_\_

Medicare No: \_\_\_\_\_ Expiry Date: \_\_\_/\_\_\_/\_\_\_

## 4. DECLARATION & PAYMENT DETAIL

The above information is true and correct to my knowledge and before signing this document I have read, understand and hereby agree to the Terms and Conditions (as shown above) of the membership and to also pay the Minimum Term of the following fees. Should I not wish to continue with my membership after the agreed period, I understand that I am required to put this in writing and email my cancellation of Membership to North Melbourne Boxing & Fitness;

Minimum Term of Contracted Membership: \_\_\_\_\_ Months Monthly Fee: \$ \_\_\_\_\_

Signature: \_\_\_\_\_

Date: \_\_\_/\_\_\_/\_\_\_

### OFFICE USE ONLY:

Total Fees Received: \$ \_\_\_\_\_ Payment Type: Cash EFT Visa M/Card D/Debit Staff Initials: \_\_\_\_\_

## 5. GENERAL INFORMATION

### Purpose of Joining North Melbourne Boxing & Fitness:

- Weight Loss     Re-shaping     Increase Stamina     Improve fitness     Improve Health     Increase energy  
 Improve Self Esteem     Toning     Stress Management     Build strength     Gain weight     Group Exercises  
 Cardio exercises only     Social     All the above

Have you used a gym before? If 'Yes', which Gym?

Y / N

How did you hear about North Melbourne Boxing & Fitness?

## 6. MEDICAL HISTORY

|  |       |  |
|--|-------|--|
| Has there been any significant change to your health in the past 6 months?   | Y / N | Comments:                                  |
| Have you suffered from back pain? If 'Yes', was it diagnosed, and if so, what was it?  | Y / N | Comments:                                  |
| Are you under the instructions or care of a Physiotherapist, General Practitioner or other Allied Health Professional in attending North Melbourne Boxing & Fitness? If 'Yes'; | Y / N | Contact Name:<br>Phone No:<br>Comments:    |
| Are you currently on a medical profile exempting you from physical training activities?  | Y / N | Comments:                                  |
| Has a Doctor ever indicated you have heart disease or heart trouble?   | Y / N | Comments:                                  |
| Do you suffer from pains in your chest, especially with physical activity?   | Y / N | Comments:                                  |
| Do you feel faint or have dizzy spells during or after physical activity?  | Y / N | Comments:                                  |
| Have you experienced a significant weight change in the past 6 months?   | Y / N | Amount gained or lost ____ Kgs.            |
| Have you ever been diagnosed or displayed symptoms of heat stress?   | Y / N | Comments:                                  |
| Do you suffer from Asthma?   | Y / N | Treatment needed in the case of emergency: |
| Do you suffer from Epilepsy?   | Y / N | Treatment needed in the case of emergency: |
| Do you suffer from Diabetes?   | Y / N | Treatment needed in the case of emergency: |

- The above information I have provided is true and correct and I will notify North Melbourne Boxing & Fitness of any changes to my health, which may affect my physical performance while at the North Melbourne Boxing & Fitness Gymnasium.  
 I permit North Melbourne Boxing & Fitness to phone for an ambulance in the case of an emergency and will not hold North Melbourne Boxing & Fitness responsible financially or in any other form if they were to carry out these actions.

Signature:

Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Staff Initials :

## 7. ACKNOWLEDGEMENT RELEASE AND ASSUMPTION OF RISK

This is an important document which affects your legal rights and obligations.

**Participant Name:** \_\_\_\_\_

**D.O.B:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

(if under 18 years, parent or guardian MUST sign below)

### Acknowledgment of Risks, Injury & Obligations:

I acknowledge that the activities that I am to undertake have potential dangers and by participating in them I am exposed to certain risks. I acknowledge and understand that whilst participating in any such activities;

- I may be injured, physically or mentally, or may die;
- My personal property may be lost or damaged;
- Any physical conditions I may have, of which I may or may not be aware or disclosed to the gym or their staff, may be aggravated or worsened by my participation to myself or my unborn child
- Other persons participating in such activity may cause me injury or may damage my property
- I may cause injury to other persons or damage their property
- The conditions in which the activity is conducted may vary without warning
- I may be injured or die or suffer damage to my property as a result of the negligence or breach of contract of North Melbourne Boxing & Fitness
- There may be no or inadequate facilities for treatment or transport of me if I am injured
- I assume the risk of and responsibility for any injury, death or property damage resulting from my participation in the activity
- I acknowledge that North Melbourne Boxing and Fitness, does not manufacture training equipment or other equipment at its facility but purchases and/or leases equipment and that North Melbourne Boxing and Fitness is providing services so may not be held liable for defective products.

I assume the risk of, and the responsibility for any injury, illness death or property resulting from my participation in any activities.

### Release and Indemnity to the North Melbourne Boxing and Fitness Operator:

In consideration of the acceptance of my payment (or guest status) for participating in any activity (and except to the extent that the centre may be precluded by statute) I agree to release and indemnify the North Melbourne Boxing and Fitness operator and staff as follows:

- I participate in the activities at my sole risk and responsibility.
- I release, indemnify and hold harmless the North Melbourne Boxing and Fitness operator, its servants and agents, from and against all and any actions or claims which may be made by me or on my behalf or by other parties for or in respect of arising out of any injury, loss, damage or death caused to me or my property whether by negligence, breach of contract or in any way whatsoever.

I also agree that in the event that I am injured or my property is lost or damaged, I will bring no claim, legal or otherwise, against the North Melbourne Boxing and Fitness operator or its servants and agents, in respect of that injury, loss or damage.

**Before signing this document I have read and understand it and know how it affects my legal rights.**

**Signature:**

**Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Staff Initials :**

### WHERE PARTICIPANT IS UNDER 18 YEARS OF AGE

I, \_\_\_\_\_ being a parent or legal guardian of \_\_\_\_\_ hereby acknowledge and agree:

- I have read the whole document and understand it.
- I consent to the young person, named in this Acknowledgement and Release, participating in the activity and I am aware of the risks, dangers and obligations set out above in this acknowledgement and release North Melbourne Boxing & Fitness operators or its servants and agents, in respect of injury, death, loss or damage.
- In consideration of the person named in this Acknowledgement and Release being accepted to participate in any activity I agree to release and indemnify the North Melbourne Boxing and Fitness operator, its servants and agents, in the same manner and to the same effect and extent as if I were the person first named in this Acknowledgement and Release and the person participating in any of the activities.

**Parent / Guardian Signature:**

**Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Staff Initials :**

## 8. MEMBERSHIP TERMS & CONDITIONS

### Centre Facilities:

All gloves, ropes and equipment must be put back after use.

Gym members are responsible for their access card. Shared gym access with a non-member will result in forfeiture of membership effective immediately.

Bags of any description are not permitted in the training facility (unless they are stored in the lockers or storage areas provided).

Appropriate gym attire must be worn at all times when training

Clean runners/sneakers must be worn at all times (bare feet are permissible during training however this is done under the sole risk and responsibility of the member)

Members and guests of the gym must not be under the influence of alcohol or drugs

Use of sweat towels at all times and equipment must be wiped down after use

Each member must respect other gym users and behave in an appropriate manner at all times.

North Melbourne Boxing & Fitness reserve the right to rescind the rights of members not complying with the terms and conditions of the membership.

Members who fail to attend pre-booked activities will be charged the full members fee for the activity in question.

North Melbourne Boxing and Fitness reserves the right to make reasonable alterations to the type of facilities, programs and classes provided without notice and North

Melbourne Boxing and Fitness shall not be liable for any inconvenience caused whether this be by building works or for the provision of essential maintenance services, due to matters beyond our control.

North Melbourne Boxing and Fitness is a non-smoking facility and smoking is not permitted within the gym or building premise

### Expulsion of Members or Termination of Membership by North Melbourne Boxing & Fitness:

North Melbourne Boxing and Fitness may expel members or may terminate the membership of any member:

Without notice and with immediate effect if the member's conduct, whether or not such conduct is the subject of a complaint by another member or group of members, is such that in the reasonable opinion of North Melbourne Boxing and Fitness, it may be injurious to the character, name or interests of North Melbourne Boxing and Fitness or is such that it renders the member unfit to associate with other members of the Gym.

By notice in writing if any part of the annual membership fee or monthly membership charge which is due and payable remains unpaid fourteen days after the due date for payment.

Lapses in membership payment may incur an Administration charge.

A member whose membership is terminated by the North Melbourne Boxing and Fitness shall forfeit all privileges of membership with immediate effect without an entitlement to any claim for any refund of their annual or monthly membership fee. On termination of their membership, the member shall return forthwith their membership card.

### Memberships:

Memberships are non-refundable or transferable and must be paid by the agreed date. For memberships cancelled prior to the agreed period a charge of 50% of the outstanding cost within the contract period will apply. Failure to pay agreed membership will leave North Melbourne Boxing & Fitness no alternative but to terminate the Membership. Term memberships are 3, 6 or 12 month memberships that have a start and end date.

Membership shall be subject to these Terms and Conditions of Membership which are in force at the time, and North Melbourne Boxing and Fitness reserves the right to make alterations to the Terms and Conditions without prior notification.

### Membership charges and payment options:

I acknowledge and understand that North Melbourne Boxing and Fitness memberships are subject to change and may vary from time to time, including pricing variation due to government surcharges which will be effective after prior notification has been given via North Melbourne Boxing and Fitness' website or written notification throughout the gymnasium; and I will not require North Melbourne Boxing and Fitness to inform me of such changes by any other means of communication including but not limited to, written notice, phone or email.

All members are liable to pay all applicable membership fees irrespective of actual usage of the gyms facilities.

### Direct Debit Memberships:

Direct Debit is an automatic monthly deduction to be debited from your banking account through North Melbourne Boxing and Fitness' chosen provider on the nominated day of each month. This is an ongoing membership and deductions will be maintained unless the member provides authorisation to cancel the direct debit.

The minimum term of a Direct Debit Membership is 3 months. After the initial agreed period, the member may cancel the direct debit in writing.

Memberships cannot be cancelled or suspended within the first 3 month direct debit period.

For memberships cancelled after the minimum 3 months but prior to the agreed period a charge of 50% of the outstanding cost within the contract period will apply.

To cancel a direct debit membership, the member must complete a direct debit cancellation request form and lodge it to North Melbourne Boxing & Fitness or via email to [nmboxing.fitness@yahoo.com.au](mailto:nmboxing.fitness@yahoo.com.au) with no less than 7 days notice prior to their nominated debit date. Cancellations received without the 7 days prior notice cannot be processed until the following month.

Any members Direct Debit deductions that are dishonored by North Melbourne Boxing and Fitness' chosen provider will incur a dishonored fee which will be payable immediately with your monthly fees to enable your membership to be reinstated.

The gym will continue to take monthly debit installments after the minimum term unless written notice is received by the gym requesting termination of the membership

### Suspensions:

A member may suspend their membership after the initial 3 month period. A membership can be suspended for a minimum term of one week and maximum term of 4 weeks per year. Thereafter, members can elect to continue a suspension but must pay \$1 per day thereafter if they wish to continue the suspension. A member must specify a start and finish date. Early reactivation is permissible.

To suspend a membership, the member must complete a suspension form and lodge it to North Melbourne Boxing & Fitness or via email to [nmboxing.fitness@yahoo.com.au](mailto:nmboxing.fitness@yahoo.com.au) at least 7 days prior to the commencement of their suspension.

### Access Cards:

All members must bring their access card on each visit to the gym and register their attendance by swiping their access card at reception prior to entering the facility.

Members can obtain a replacement card at the cost of \$4 if an access card is lost or stolen. A faulty card will be replaced only upon return of the original faulty card.

### Hours of Opening

Information in relation to North Melbourne Boxing and Fitness normal hours of operation and the opening hours of the facilities are available from the gym upon request. Such hours may be lengthened or shortened at the absolute discretion of the gym with or without any prior notice being given to members. The gym shall endeavor to give members reasonable notice of change to such hours.

On occasions when necessary maintenance is required, the gym, or parts thereof, may be closed, for which members will be given at least prior notice of any such closure.

The acceptance of an application for membership of the North Melbourne Boxing and Fitness shall constitute a legally binding agreement between the member and North Melbourne Boxing and Fitness. The member hereby agrees also to be bound by the Terms and Conditions applicable to All Users, a copy of which can be provided at [www.boxing-fitness.com](http://www.boxing-fitness.com) or by asking at Reception.

### Contact Details:

64 Sutton Street, North Melbourne, VIC

Ph: (03) 93288815 or 0401 269 464

Email: [nmboxing.fitness@yahoo.com.au](mailto:nmboxing.fitness@yahoo.com.au)  
[www.boxing-fitness.com](http://www.boxing-fitness.com)

**I agree and understand the mentioned Terms and Conditions and all rights and obligations will be in force from the date of signature and I am bound by North Melbourne Boxing & Fitness' Terms and Conditions of Membership, as outlined above.**

**Signature:**

**Date:** \_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Staff Initials :**